

Australian Reiki Connection Inc.

Association of Australian Reiki Professionals

GRADES OF MEMBERSHIP & ENTRY QUALIFICATIONS

Agreed standards with effect from AUGUST 2004

▪ **PURPOSE**

The purpose of this document is to set out the structured basis for membership of ARC Inc. ARC Members mutually resolved on 12th June 1999 to endorse membership criteria and specify classifications applying to membership subscriptions.

1. INTRODUCTION

Australian Reiki Connection Inc. has been formed to act as a professional association for independent Reiki Channels, Practitioners and Teachers. One of its goals is to achieve formal accreditation by an appropriate body. In order to achieve this goal, ARC members at the level of Reiki Teacher have set down minimum agreed standards for the teaching of the various levels of Reiki and to associate these standards with grades of membership.

Areas of common agreement have been used as a basis as far as possible and the solutions endeavour to maintain a fair and reasonable balance between inclusiveness - the willingness of ARC Inc. to welcome, honour and support the intention of Reiki people from all backgrounds - and the adoption of unequivocal standards of professionalism necessary for ARC Inc. to be accepted as a credible professional body.

2. FUNDAMENTALS

ARC Inc. is founded upon the principles and practices of the Usui System of Reiki. Hands-on attunement in the Usui Reiki tradition is a basic requirement for any level of membership in ARC Inc.

ARC Inc. recognises and welcomes diversity arising from different lineages within the Usui tradition. However, in order to maintain minimum agreed standards of practice, not all lineages and practices are deemed acceptable by ARC Inc.

In cases where any intending member does not attain membership or a particular grade of membership, ARC Inc. Teachers are available to provide additional teaching and attunements to bring that individual to an acceptable standard. This may incur a fee.

3. MEMBERSHIP STRUCTURE

The Usui Western tradition customarily acknowledges three levels of Reiki: Reiki I, Reiki II, Reiki Teacher. These three levels correspond to attainment of specified levels of skill and understanding and receipt of the corresponding attunements. The Japanese terms Shoden, Okuden and Shinpiden are increasingly being used to denote the three levels.

ARC Inc. has used a criterion based upon the interface between its members and the public, as for example would be required in order to inform intending clients or students of the professional, ethical and legal standing of an ARC Inc. member, to specify the following grades of membership.



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Within ARC Inc. three Reiki levels and three membership categories are recognised.

❖ **Member Category**

Reiki I, Reiki II, Reiki Teacher

Attuned by a teacher meeting ARC Inc. criteria

Agree to adopt, follow and support the Code Of Ethics of ARC Inc.

All initial applications to join ARC Inc. are made in the standard Member category

❖ **Practitioner Category**

Reiki II, Reiki Teacher

Attuned by a teacher meeting ARC Inc. criteria

Meets ARC Inc. business and insurance criteria

Agree to abide by the ARC Inc. Code Of Professional Practice

Abide by State and/or Federal enactment - e.g. NSW Code Of Conduct

Fulfils annual Personal & Professional Development [P&PD] - Practitioner requirements

Practitioner category is achieved through upgrading from Member category

❖ **Teacher Category**

Reiki Teacher

Attuned by a teacher meeting ARC Inc. criteria

Meets ARC Inc. business and insurance criteria

Fulfils annual Personal & Professional Development [P&PD] - Teacher requirements

Teacher category is achieved through upgrading from Practitioner category and

by meeting additional criteria -

In this classification, the basic Usui qualifications of members are taken as given. However, the classification is quite rigorous, particularly with respect to practitioners and teachers.

Reiki Teachers and Practitioners are not restricted in the normal conduct of their practices or Reiki training classes.

The criteria applied to these categories and the Performance Criteria Guidelines for the Teaching of Reiki is set out as follows.

4. MEMBERSHIP CATEGORIES

Member status is available to persons who:

- Have been trained and hands-on attuned in the Usui System of Reiki by a Reiki Teacher whose qualifications and practices are established as meeting the criteria laid down by ARC Inc. for recognition of Teachers.
[Reiki I, Reiki II, Reiki Teacher. Hands-on attuned by a Teacher meeting all ARC Inc. criteria]
- Provide a certified copy of their certificate or certificates showing the name and signature of the Teacher, level attained and date of training.
- Provide a copy of the **LINEAGE** of their Teacher(s). [**List Your Teachers Teachers etc. back to Usui**]
- Meet such other requirements as are specified in the ARC Inc. Code of Ethics for Reiki Channels.

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- Pay an administration/joining fee as prescribed **PLUS** the initial annual membership fee as prescribed [Full voting rights apply]

Practitioner status is available to persons who:

- Have training and hands-on attunement to a minimum prerequisite of Reiki II in the Usui System of Reiki by a Reiki Teacher whose qualifications and practices are established as meeting the criteria laid down by ARC Inc. for recognition of Teachers.
[Reiki II, Reiki Teacher. Hands-on attuned by a Teacher meeting all ARC Inc. criteria]
- Have provided a certified certificate or certificates showing the name and signature of the Teacher, level attained and date of training.
- Have provided a copy of the **LINEAGE** of their Teacher(s).
- Meet formal business requirements as laid down by ARC Inc. including, but not limited to, documentary evidence of
 - Ownership of a Registered Business name or equivalent evidence of a business operation, such as an Australian Business Number and workplace/clinic details.
 - Current insurance cover for professional negligence and public liability.
- Meet all the requirements as specified in the ARC Inc. Code of Professional Practice and Code of Ethics.
- Pay an upgrade fee as prescribed. [Full voting rights apply.]
- Having satisfied these requirements the Practitioners name will be placed in the directory of Practitioners on the ARC Inc. website for public referral, only **if they so choose that option**.
- A Personal & Professional Development (Credit Points) Booklet will be issued to all Practitioner members annually.
- Practitioners, who wish to retain their membership category classification and if applicable remain on the ARC Inc. register for referral to the public, **must complete this record of personal and professional development annually**. Failure to submit this record will result in the Practitioner member being removed from the referral register and be given Member category classification.

Teacher Category Membership status is available to persons who:

- Have training and hands-on attunement to Reiki I, Reiki II and Reiki Teacher levels by a Reiki Teacher who can demonstrate their unequivocal lineage within the Usui tradition and who can provide this lineage to students.
[Reiki Teacher. Hands-on attuned by a Teacher meeting all ARC Inc. criteria]

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- Have instruction in the history of Mikao Usui's teachings of the Usui System of Reiki, either the version brought to the West by Hawayo Takata and/or the verified historical data more recently available.
- Have received the four sacred Usui Reiki symbols, (3 in Reiki II and 1 in Teacher), together with their meanings, instructions for their use and for their protection from profanation. The ability to maintain a clear distinction between the Usui symbols & any other mystical or healing symbols.
- Have knowledge and proficiency of five basic elements of the system of Reiki. These are teaching hand positions, mantras and symbols (in Reiki II and Teacher), the Reiki affirmations or precepts, relevant techniques and/or meditations, and performing and teaching attunements.
- Provides or makes provision for, on-going support to students, by being available for one-on-one or group discussion, and/or support groups.
- Meet all the requirements as specified in the ARC Inc. Code of Professional Practice and Code of Ethics.
- Have provided a certified certificate or certificates showing the name and signature of the Teacher, level attained and date of training.
- Have provided a copy of the **LINEAGE** of their Teacher(s).
- Pay an upgrade fee as prescribed. [Full voting rights apply.]
- Meet formal business requirements as laid down by ARC Inc. including, but not limited to, documentary evidence of
 - Ownership of a Registered Business name or equivalent evidence of a business operation, such as an Australian Business Number and workplace/clinic details.
 - Current insurance cover for professional indemnity/negligence and public liability.
- Willingness to support the aims and ideals of ARC Inc. and to adhere to ARC's professional standards.
- Having satisfied these requirements the Teachers name will be placed in the directory of Teachers on the ARC Inc. website for public referral, only **if they so choose that option**.
- A Personal & Professional Development (Credit Points) Booklet will be issued to all Teacher members annually.
- Teachers, who wish to retain their membership category classification and if applicable remain on the ARC Inc. register for referral to the public, **must complete this record of personal and professional development annually**. Failure to submit this record will result in the Teacher member being removed from the referral register and be given Member category classification.

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Performance Criteria Guidelines for the Teaching of Reiki

General

All Reiki teaching will be conducted in accordance with professional standards of instruction and the environment in which it is conducted, including but not limited to:

- Students will be provided with a safe, clean, well-ventilated place in which to learn.
- Instruction will be provided in a workshop format, or one on one as appropriate, over at least 10 teaching hours. Workshops will be limited to not more than 20 students for Reiki I and fewer than 20 for Reiki II.
- The Reiki Teacher will have the necessary qualifications, knowledge and proficiency to teach the Usui System of Reiki and to attune students using the four Usui symbols. Individual attunements will be given, using hands-on physical contact.
- The fundamentals of the Usui System of Reiki will be taught in accordance with the tradition of the teacher. Where additional material is introduced, it is to be clearly distinguished from Usui Reiki teachings.
- The Reiki Teacher will provide access to ongoing professional development.

Holding a Reiki I workshop

- All students having completed an ARC Inc recognised workshop will have been taught all information and techniques necessary for them to become proficient Reiki Channels and will be able to demonstrate a working knowledge of Reiki I.
- Students will be taught:
 - * The Usui Reiki history.
 - * The Reiki principles and ethics.
 - * How to channel Reiki for self-healing.
 - * How to channel Reiki for healing others, including full body and short (seated) treatment.
- Students will be individually attuned to Reiki I using one or more hands-on attunements.
- No symbols are required to be taught to students at Reiki I.

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Holding a Reiki II workshop

- It is a requirement that an interval of at least **21 days** and preferably of **2-3 months** has passed between the completion of Reiki Level I and training in Reiki Level II
- The suitability of each intending student will be individually assessed by the Reiki Teacher
- All students having completed an ARC Inc recognised workshop will have been taught all information and techniques necessary for them to become proficient Reiki II channels and will be able to demonstrate a theoretical and practical working knowledge of Reiki II.
- Students will be taught:
 - * Three Usui Reiki sacred symbols, their meanings and uses and their protection.
 - * An understanding of the practical applications of the three symbols:
 - * How to use the symbols for hands-on and distant healing.
 - * The ethics required when using the symbols.
- Students will be individually attuned to Reiki II using one or more hands-on attunements.
- Each student will have had adequate practice time and will have access to ongoing assistance and support from their Teacher.

Holding a Reiki Teacher level workshop

- It is envisaged that an interval of preferably **one year** has passed between the completion of Reiki II and the undertaking of Teacher Level
- Intending students should attend a number of Reiki I and Reiki II classes and assist their Reiki Teacher.
- The qualifications and suitability of each intending student will be individually assessed by the Reiki Teacher. Where necessary, additional training or other supportive action should be taken before Teacher Level is undertaken. The Teacher will satisfy him- or her-self as to whether the student has -
 - * Demonstrated regular and responsible use of Reiki in his or her life.
 - * Shown an understanding of the commitment involved in becoming a Reiki Teacher and agreed to undertake and honour this commitment.
 - * Made a further commitment to self-master their lives according to the principles and ethics of Reiki.
 - * A good understanding of Reiki theory and practice.

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- * Knowledge of their Reiki lineage.
 - * Considered the time frame necessary to fully achieve the aims of the course.
 - * Authenticated past training (e.g. by producing certificates and providing evidence of hands-on attunements).
 - * Undertaken additional training or skill or personal development (e.g. studied workplace training, studied and/or received counselling, studied business management).
- Students will be taught:
 - * The requirements and fundamental principles handed down in the Usui tradition for the attainment of the title of Reiki Teacher.
 - * The sacred Usui Reiki Master symbol, its meaning, uses and its protection.
 - * An understanding of the practical applications of the Master symbol.
 - * The ethics required when using the symbol.
 - * Procedures for carrying out hands-on attunements at Reiki I, Reiki II and Teacher level.
 - Students will be individually attuned to Teacher Level using one or more attunements as appropriate for the initiation of a Teacher.
 - Each student will have had adequate practice time and will have access to ongoing assistance and support from their Teacher.

All students having completed an ARC Inc recognised program of training will have been taught all information and techniques necessary for them to become proficient Reiki Teachers and will be able to demonstrate a theoretical and practical working knowledge of Reiki I and Reiki II and all that is required to teach these levels. Further they will have a theoretical and practical working knowledge to teach a suitable candidate to Teacher Level within an individually agreed timeframe.

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